

Football Mechanics

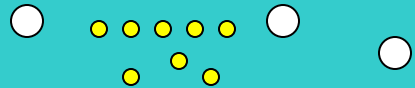
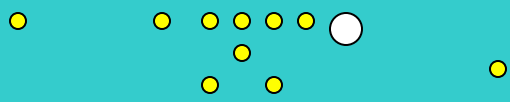
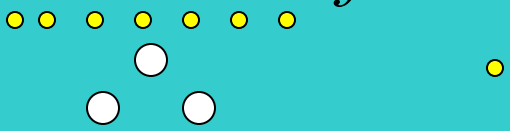



Keys and Responsibilities




Keys

Keys are intended to help determine coverage at the initial snap.

- Definitions
- ***Strength of Formation:*** *determined by number of eligible receivers outside tackle.*

- ***Tight End:*** *End man no more than 4 yards from nearest lineman.*

- ***Back in Backfield:*** *Player in backfield between the tackles at snap.*

- ***Trips:*** *Three or more receivers outside tackle.*


FOUR MAN COVERAGE

- KEY: The wing official will cover the first player in his zone.
- Each WING OFFICIAL is responsible for action by the players entering his zone.
- LJ  L

FIVE MAN MECHANICS - BJ

- BACK JUDGE HAS FIRST KEY
 - BASED ON STRENGTH AND NUMBER OF RECEIVERS
 - USUALLY THE END ON THE STRONG SIDE.
 - **TRIPS:** IS RESPONSIBLE FOR TWO OUTSIDE RECEIVERS
 - BALANCED FORMATION - DECLARE STRENGTH TO LINE JUDGE'S SIDE

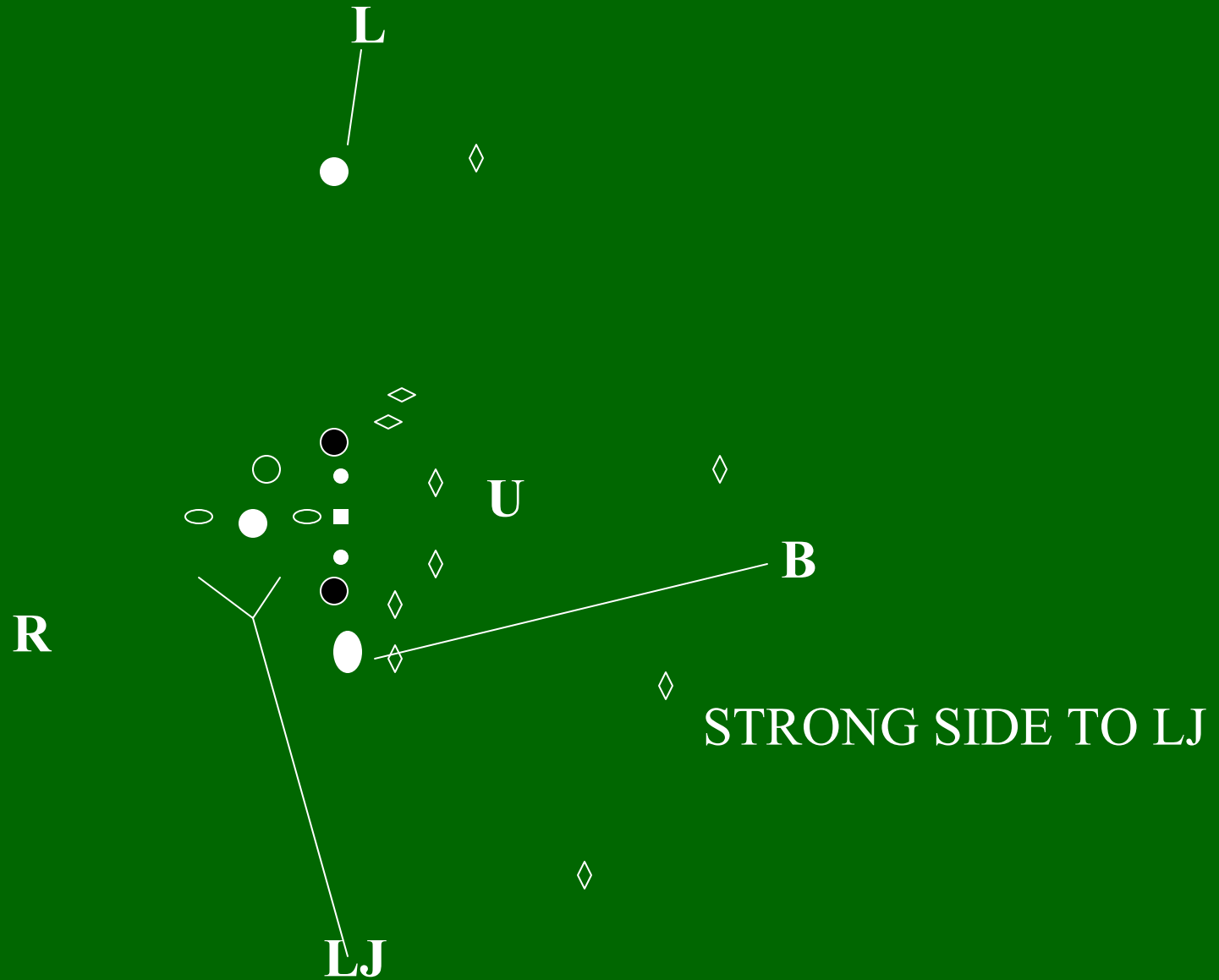
FIVE MAN MECHANICS L & LJ

- **LINESMAN AND LINE JUDGE HAVE SECOND KEY**
 - DO NOT KEY OFF THE SAME PLAYER AS BACK JUDGE
 - STRONG SIDE - KEY STRONG SIDE BACK
 - WEAK SIDE - KEY OFF RECEIVER(S) TO YOUR SIDE
 - TRIPS: INSIDE ELIGIBLE RECEIVER
 - BALANCED FORMATION - DECLARE STRENGTH TO LINE JUDGE'S SIDE

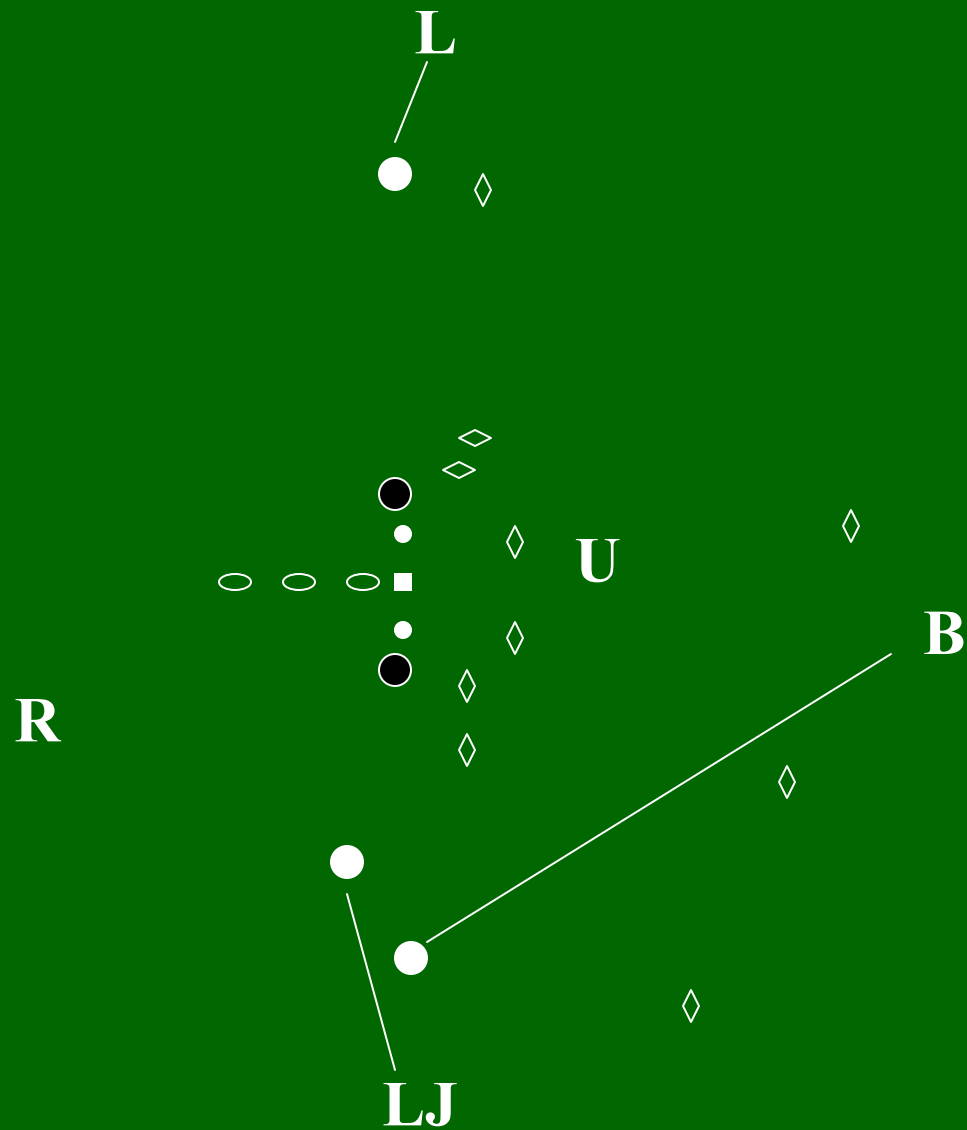
FORMATIONS

LARRY THOMAS, MISSISSIPPI HIGH SCHOOL ACTIVITIES ASSOC., INC

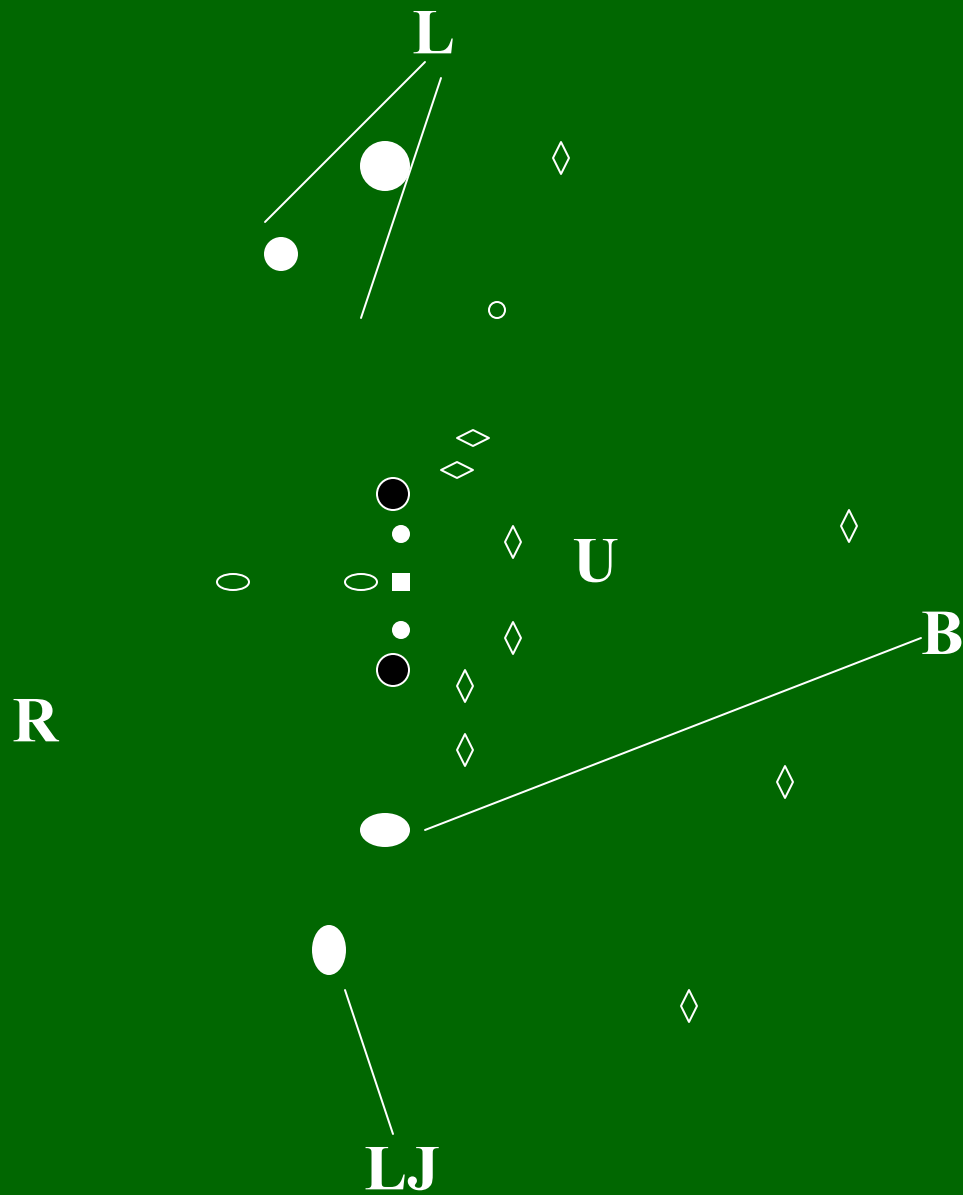
BALANCED FORMATION



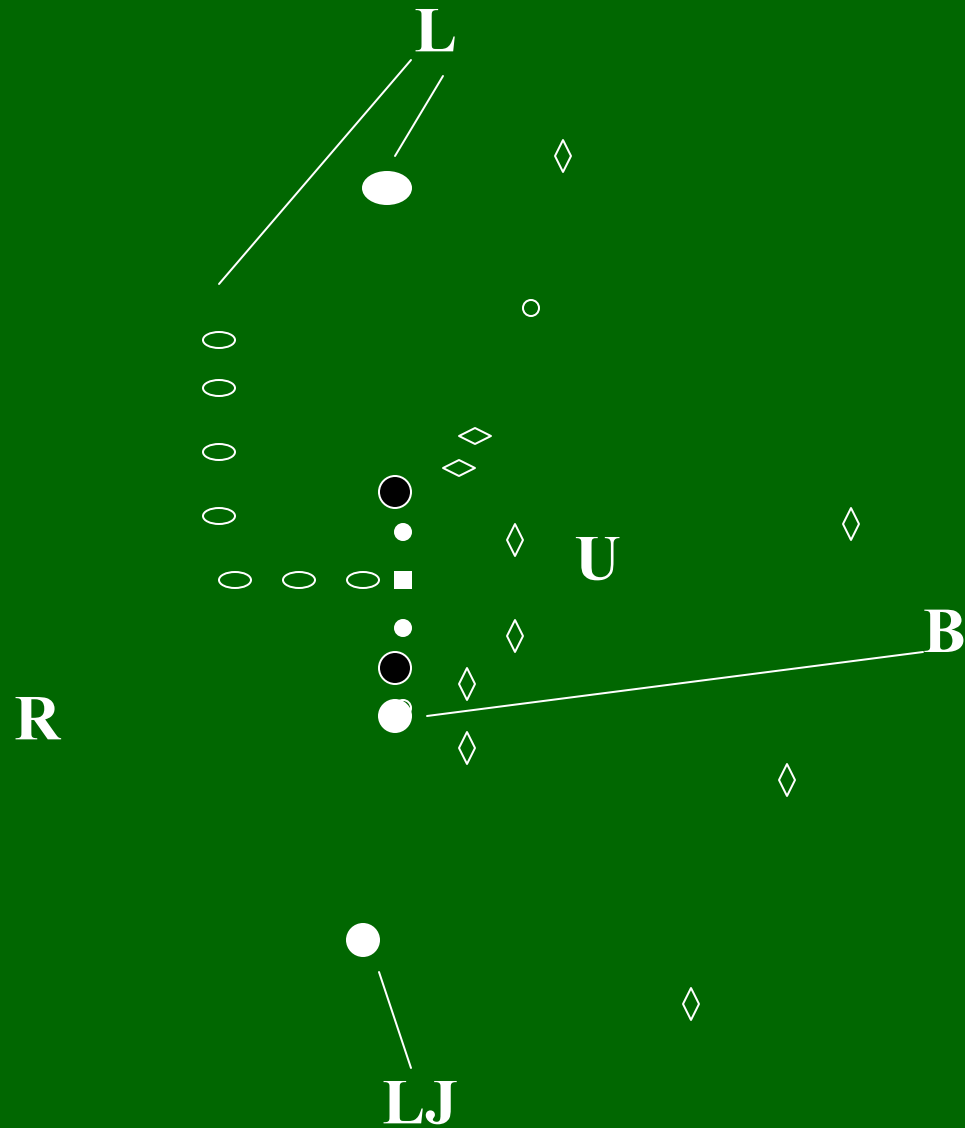
STRENGTH TO LJ'S SIDE



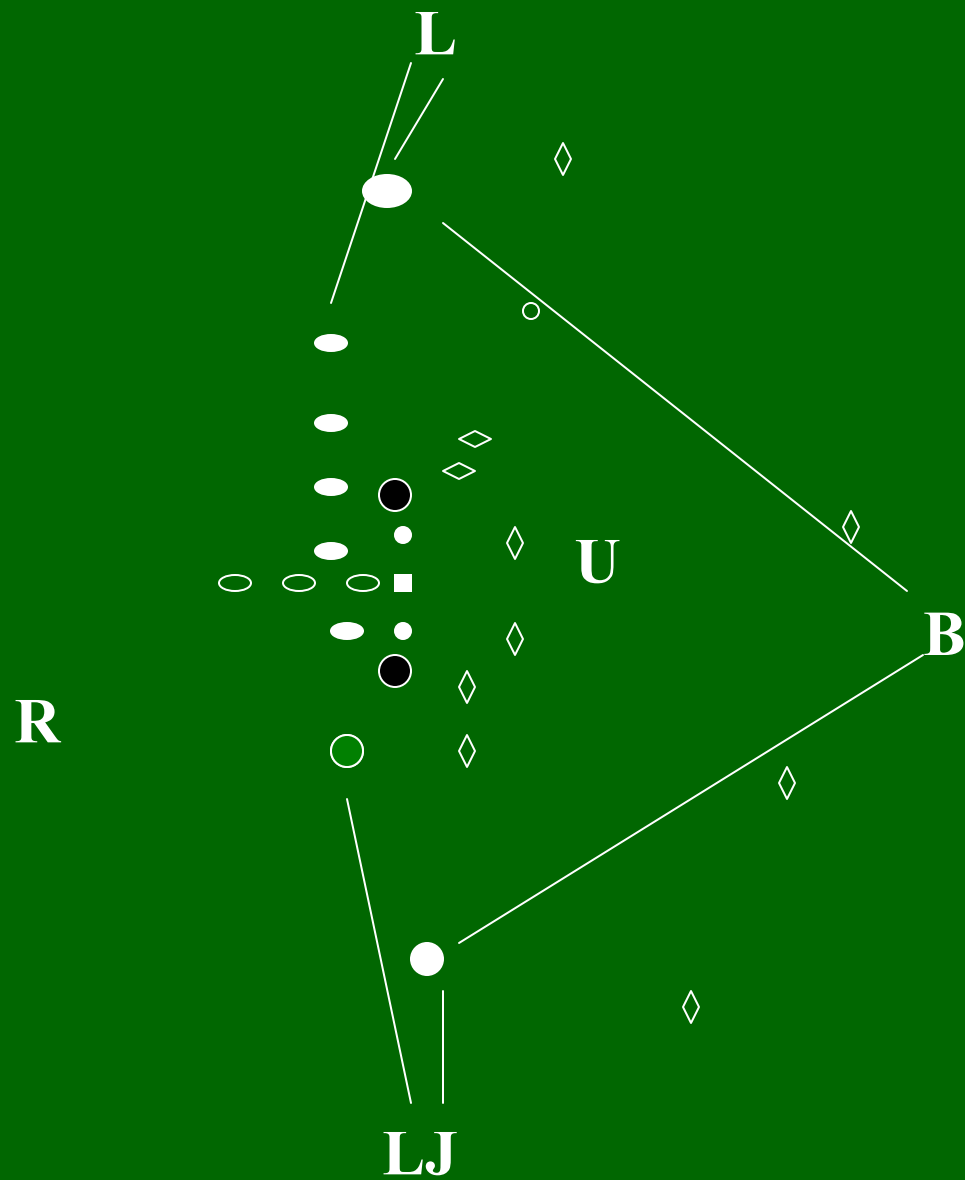
STRENGTH TO LJ'S SIDE



MOTION - STRENGTH TO LJ -NO CHANGES



MOTION - STRENGTH TO LJ - CHANGES TO L



STRENGTH TO LJ'S SIDE -STACK

